

# Floyd Municipal Schools

Oct. . 2019 lunch

Sep 16, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 1</p> <p>FISH NUGGETS COLE SLAW VEGETABLE SALAD Peaches CRACKERS MILK,CHOICE</p>	<p>Oct - 2</p> <p>CHICKEN QUESADILLA PEAS &amp; CARROTS VEGETABLE SALAD CHILLED PEARS MILK,CHOICE</p>	<p>Oct - 3</p> <p>Frito Chili Pie CORN Applesauce VEGETABLE SALAD MILK,CHOICE CORNBREAD</p>	<p>Oct - 4</p>	
<p>Oct - 7</p> <p>SPAGHETTI w/MEAT SAUCE Green Beans PINEAPPLE TIDBITS GARLIC BREAD MILK,CHOICE MS-HS. SALAD BAR</p>	<p>Oct - 8</p> <p>TACO SALAD RANCH STYLE BEANS APRICOTS VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 9</p> <p>Chicken Nuggets CARROTS (baby) Peaches CRACKERS VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 10</p> <p>Hamburgers on a bun FRENCH FRIES ORANGE VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 11</p>
<p>Oct - 14</p> <p>SLOPPY JOE ON A BUN ENGLISH PEAS Peaches VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 15</p> <p>POOR MAN'S STEAK ROLLS,WHEAT BROCCOLI CHILLED PEARS VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 16</p> <p>CHICKEN FAJITAS SALSA MIXED FRUIT REFRIED BEANS VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 17</p> <p>HOT DOG w/ TATER-TOTS CHILLED PEARS BAKED BEANS VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 18</p>
<p>Oct - 21</p> <p>MACARONI DINNER Green Beans CHILLED PEARS VEGETABLE SALAD GARLIC BREAD MILK,CHOICE</p>	<p>Oct - 22</p> <p>BEEF STEW GRILL CHEESE SANDWICH VEGETABLE SALAD APRICOTS MILK,CHOICE</p>	<p>Oct - 23</p> <p>CHICKEN ENCHILADAS REFRIED BEANS MIXED FRUIT VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 24</p> <p>PIZZA WITH GROUND PORK ORANGES VEGETABLE SALAD CORN MILK, Chocolate MILK, 1% Lowfat</p>	<p>Oct - 25</p>
<p>Oct - 28</p> <p>beans and beef tostada REFRIED BEANS Peaches VEGETABLE SALAD MILK,CHOICE</p>	<p>Oct - 29</p> <p>FISH NUGGETS COLE SLAW VEGETABLE SALAD Peaches CRACKERS MILK,CHOICE</p>	<p>Oct - 30</p> <p>CHICKEN QUESADILLA PEAS &amp; CARROTS VEGETABLE SALAD CHILLED PEARS MILK,CHOICE</p>	<p>Oct - 31</p> <p>Frito Chili Pie CORN Applesauce VEGETABLE SALAD MILK,CHOICE CORNBREAD</p>	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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<p>In accordance with Federal Law and U.S.Department of Agriculture (USDA), civil rights regulations and policies, this institution from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.(not all prohibited bases apply all programs.) Person with disabilities who require alternative means of communication for program information ( e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible State or Local Agency that administers the program or USDA's TARGET center at (202)720-2600 (voice andTTY) or contact USDA through the Federal Relay Service at (800) 877-8339</p>				

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